

North Peace Leisure Pool Summer Break Schedule

Effective Jul 2 - Sept 5, 2026 (CLOSED Aug 3 for BC Day)

The North Peace Leisure Pool features 2 basins: Our Leisure Pool (with waves by request) and a 25-metre Lap Pool.

Limited Access: Shared space with lesson and/or aquatic fitness classes with access to sauna and steam room.

Full Access: Full access to both Leisure and Lap Pool with access to waterslides, diving boards, sauna, and steam room. To learn more about awesome activities happening during our swim schedule like Inflatables in the Pool, Dive-in Movies and more visit our drop-in calendar and select "Public Swimming" and click "Apply" at fortstjohn.ca/drop-in

Swim Schedule

Schedules are subject to change without notice. For the most current information, visit: fortstjohn.ca/drop-in and select "Public Swimming".

Waterslides: Mon - Fri: 11am - 8:30pm | Saturday 11am - 8pm | Sunday 11am - 5pm

Inflatables in the Pool: Saturday 1:30 - 8pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LEISURE SWIM 9am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	SENSORY FRIENDLY SWIM* 9-10am Lap & Leisure Pool LEISURE SWIM 10am-1pm Leisure Pool <u>ONLY</u> Limited Access
 Free Community Swim 1-5pm Lap & Leisure Pool Full Access	PUBLIC SWIM 1-9pm Lap & Leisure Pool Limited Access	PUBLIC SWIM 1-8pm Lap & Leisure Pool Limited Access	PUBLIC SWIM 1-8:45pm Lap & Leisure Pool Limited Access	PUBLIC SWIM 1-8pm Lap & Leisure Pool Limited Access	REC SWIM 1-10pm Lap & Leisure Pool Full Access	REC SWIM 1-9pm Lap & Leisure Pool Full Access
	REC SWIM 9-10pm Lap & Leisure Pool Full Access	LEISURE SWIM 8-10pm Leisure Pool <u>ONLY</u> Limited Access	REC SWIM 8:45-10pm Lap & Leisure Pool Full Access	LEISURE SWIM 8-10pm Leisure Pool <u>ONLY</u> Limited Access		

Lap Swim Schedule

Schedules are subject to change without notice. For the most current information, visit: fortstjohn.ca/drop-in and select "Public Swimming".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 LANES 6-9am	2 LANES 6-9am	2 LANES 6-9am	2 LANES 6-9am	2 LANES 6-9am	
1 LANE 9am-12pm	1 LANE 9am-12pm	1 LANE 9am-12pm	1 LANE 9am-12pm	1 LANE 9am-12pm	1 LANE 9am-12pm	1 LANE 9am-12pm
3 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm
	1 LANE 5-8pm	1 LANE 5-8pm	1 LANE 5-8pm	1 LANE 5-8pm		
		3 LANES 8-10pm		3 LANES 8-10pm		



Aquatic Fitness Schedule

Schedules are subject to change without notice. For the most current information, visit: fortstjohn.ca/drop-in and select "Aquatic Fitness".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	
	AQUAFIT Shallow Water 9-9:45am LAP POOL	AQUA STRETCH 9-9:45am LEISURE POOL	AQUAFIT Shallow Water 9-9:45am LAP POOL	AQUA STRETCH 9-9:45am LEISURE POOL	AQUAFIT Deep Water 9-9:45am LAP POOL	
AQUAFIT Deep Water 9:15-10am LAP POOL						
AQUA TOTS 10:15-11am LEISURE POOL			AQUA TOTS 10-10:45am LEISURE POOL			AQUAFIT Shallow Water 10:15-11am LAP POOL
	AQUAFIT Low Impact 11-11:45am LAP POOL		AQUAFIT Low Impact 11-11:45am LAP POOL		AQUAFIT Low Impact 11-11:45am LAP POOL	
		AQUA SPIN 8:15-9pm LEISURE POOL	AQUAFIT Deep Water 8:15-9pm LAP POOL	AQUAFIT Shallow Water 8:15-9pm LAP POOL		

AquaFit - Deep Water | Lap Pool

Join us for AquaFit in the deep end for a full body workout while focusing on cardio and balance. Participants can wear a float belt or tread water for an extra challenge.

AquaFit - Shallow Water | Lap Pool

Join this comprehensive fitness experience, where our aim is to provide a full-body workout with a special emphasis on cardiovascular health and balance.

AquaFit - Low Impact | Lap Pool

Enjoy aquatic exercise where the focus is on cultivating balance and expanding your range of motion. This class is ideal for individuals seeking a joint-friendly and soothing exercise routine.

Aqua Spin | Leisure Pool

A low impact, low resistance, intense workout on stationary spin bikes. Bring water shoes for the ride!

Aqua Stretch | Leisure Pool

Join us for a rejuvenating class set in our warm Leisure Pool that centers on enhancing balance and expanding your range of motion. The gentle warmth of the water complements the focus on flexibility and equilibrium.

Aqua Tots | Leisure Pool

This 45 minute postnatal fitness class helps introduce baby to the water while parents get to socialize with one another and bring fitness back into their lives. This class is great for babies age 4 months to 2 years old. **NOTE: Swim diapers are required for all little swimmers, not regular disposable or cloth.**

Admission - Swimming & Aquatic Fitness (UPDATED SEPTEMBER 1, 2025 - TAX INCLUDED IN PRICES)							
	DROP-IN	VISIT PASS (6)	VISIT PASS (12)	1 MO.	3 MO.	6 MO.	12 MO.
YOUTH (6+)	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
ADULT (19+)	\$8.75	\$43.75	\$87.50	\$105.00	\$245.00	\$437.50	\$752.50
SENIOR (60+)	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
FAMILY*	\$22.00	\$110.00	\$220.00	\$264.00	\$616.00	\$1,100.00	\$1,892.00

Toddlers 5 and under are FREE • Children 7 years and younger must be accompanied by a guardian of 16+ and must remain within arms reach at all times. Ratio of children 7 years and under to adults is 3:1. *Family is up to a maximum of two adults and four dependent children living in the same household.