

# North Peace Leisure Pool Regular Schedule

(See modified holiday schedules for Spring Break, Summer Holidays, & Winter Break)

The North Peace Leisure Pool features 2 basins: Our Leisure Pool (with waves by request) and a 25-metre Lap Pool.


**Limited Access:** Shared space with lesson and/or aquatic fitness with access to sauna and steam room.

**Full Access:** Full access to both Leisure and Lap Pool with access to waterslides, diving boards, sauna, and steam room.

To learn more about awesome activities happening during our swim schedule like Inflatables in the Pool, Dive-in Movies and more visit: [fortstjohn.ca/drop-in](http://fortstjohn.ca/drop-in) and select "Public Swimming".

**Swim Schedule** *Schedules are subject to change without notice.* For the most current information, visit: [fortstjohn.ca/drop-in](http://fortstjohn.ca/drop-in) and select "Public Swimming". Looking for lap swim times? They are on the next page!

**Waterslides:** Mon - Thurs: 4:30 - 8:30pm | Fri: 4:30 - 9:30pm | Sat: 10:30am - 9pm | Sun: 10:30am - 5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LEISURE SWIM</b> 9am-1pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 6am-10am Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 6am-10am Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	<b>Sensory Friendly Swim*</b> 9-10am Lap & Leisure Pool
		<b>Sensory Friendly Swim*</b> 11:30am-12:30pm Lap & Leisure Pool		Looking for lap swim times? They are on the next page!		<b>LEISURE SWIM</b> 10am-1pm Leisure Pool <u>ONLY</u> Limited Access
 <b>Free Community Swim</b> 1-5pm Lap & Leisure Pool Full Access	<b>PUBLIC SWIM</b> 1-3:30pm Lap & Leisure Pool Limited Access	<b>PRIVATE BOOKINGS</b>	<b>PUBLIC SWIM</b> 1-3:30pm Lap & Leisure Pool Limited Access	<b>LESSONS/ PRIVATE BOOKINGS</b>	<b>PUBLIC SWIM</b> 1-3:30pm Lap & Leisure Pool Limited Access	<b>REC SWIM</b> 1-9pm Lap & Leisure Pool Full Access
	<b>LEISURE SWIM</b> 3:30-8:45pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 3:30-10pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 3:30-8:45pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 3:30-10pm Leisure Pool <u>ONLY</u> Limited Access	<b>LEISURE SWIM</b> 3:30-8pm Leisure Pool <u>ONLY</u> Limited Access	
	<b>REC SWIM</b> 8:45-10pm Lap & Leisure Pool Full Access		<b>REC SWIM</b> 8:45-10pm Lap & Leisure Pool Full Access		<b>REC SWIM</b> 8-10pm Lap & Leisure Pool Full Access	

\*Sensory-Friendly Swim: A quiet, low-stimulation swim with dimmed lights, no music or announcements, limited capacity, no waves or features, and whistles only used in emergencies. Quiet rooms available.

Admission - Swimming & Aquatic Fitness (UPDATED SEPTEMBER 1, 2025 - TAX INCLUDED IN PRICES)							
	DROP-IN	VISIT PASS (6)	VISIT PASS (12)	1 MO.	3 MO.	6 MO.	12 MO.
YOUTH	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
ADULT	\$8.75	\$43.75	\$87.50	\$105.00	\$245.00	\$437.50	\$752.50
SENIOR	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
FAMILY	\$22.00	\$110.00	\$220.00	\$264.00	\$616.00	\$1,100.00	\$1,892.00





# Lap Swim Schedule

Schedules are subject to change without notice.  
For the most current information, visit: [fortstjohn.ca/drop-in](http://fortstjohn.ca/drop-in) and select "Lap Swimming".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 LANE</b> 6-7am	<b>1 LANE</b> 6-8am	<b>1 LANE</b> 6-7am	<b>1 LANE</b> 6-8am	<b>1 LANE</b> 6-8am	
	<b>5 LANES</b> 7-8:45am	<b>5 LANES</b> 8-10am	<b>5 LANES</b> 7-8:45am	<b>5 LANES</b> 8-10am	<b>5 LANES</b> 8-8:45am	
	<b>1 LANE</b> 8:45am-12pm		<b>1 LANE</b> 8:45am-12pm		<b>1 LANE</b> 8:45am-12pm	<b>3 LANES</b> 9-10am
		<b>1 LANE</b> 11:30am-12:30pm		<b>1 LANE</b> 11:30am-12:30pm		
<b>3 LANES</b> 12-1pm	<b>5 LANES</b> 12-1pm		<b>5 LANES</b> 12-1pm		<b>5 LANES</b> 12-1pm	<b>5 LANES</b> 12-1pm
	<b>1 LANE</b> 1-8pm		<b>1 LANE</b> 1-8pm			
		<b>1 LANE</b> 3:30-8pm		<b>1 LANE</b> 3:30-8pm		
		<b>3 LANES</b> 8-10pm		<b>3 LANES</b> 8-10pm		

# Aquatic Fitness Schedule

Schedules are subject to change without notice.  
For the most current information and activity descriptions, visit: [fortstjohn.ca/drop-in](http://fortstjohn.ca/drop-in) and select "Aquatic Fitness".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>AQUA SPIN</b> 6:45-7:30am LEISURE POOL	<b>AQUA SPIN</b> 6:45-7:30am LEISURE POOL	<b>AQUA SPIN</b> 6:45-7:30am LEISURE POOL	<b>AQUA SPIN</b> 6:45-7:30am LEISURE POOL	<b>AQUA SPIN</b> 6:45-7:30am LEISURE POOL	
<b>AQUAFIT</b> Deep Water 9:15-10am LAP POOL	<b>AQUAFIT</b> Shallow Water 9-9:45am LAP POOL	<b>AQUA STRETCH</b> 9-9:45am LEISURE POOL	<b>AQUAFIT</b> Shallow Water 9-9:45am LAP POOL	<b>AQUA STRETCH</b> 9-9:45am LEISURE POOL	<b>AQUAFIT</b> Deep Water 9-9:45am LAP POOL	
<b>AQUA TOTS</b> 10:15-11am LEISURE POOL			<b>AQUA TOTS</b> 10-10:45am LEISURE POOL			<b>AQUAFIT</b> Shallow Water 10:15-11am LAP POOL
	<b>AQUAFIT</b> Low Impact 11-11:45am LAP POOL		<b>AQUAFIT</b> Low Impact 11-11:45am LAP POOL		<b>AQUAFIT</b> Low Impact 11-11:45am LAP POOL	
	<b>FLOATFIT HIIT*</b> 8:15-9pm LAP POOL	<b>AQUA SPIN</b> 8:15-9pm LEISURE POOL	<b>AQUAFIT</b> Deep Water 8:15-9pm LAP POOL	<b>AQUAFIT</b> Shallow Water 8:15-9pm LAP POOL		

\* Floatfit HIIT is not a drop-in program, participants must register. Learn more at [fortstjohn.ca/activity-search](http://fortstjohn.ca/activity-search).