

North Peace Leisure Pool Regular Schedule

(See modified holiday schedules for [Spring Break](#), [Summer Holidays](#), & [Winter Break](#))

The North Peace Leisure Pool features 2 basins: Our Leisure Pool (with waves by request) and a 25-metre Lap Pool.

Limited Access: Shared space with lesson and/or aquatic fitness with access to sauna and steam room.


Full Access: Full access to both [Leisure and Lap Pool](#) with access to waterslides, diving boards, sauna, and steam room.

To learn more about awesome activities happening during our swim schedule like Inflatables in the Pool, Dive-in Movies and more visit: fortstjohn.ca/drop-in and select "Public Swimming".

Swim Schedule

Schedules are subject to change without notice. For the most current information, visit: fortstjohn.ca/drop-in and select "Public Swimming". Looking for lap swim times? They are on the next page!

Waterslides: Mon - Thurs: 4:30 - 8:30pm | Fri: 4:30 - 9:30pm | Sat: 10:30am - 9pm | Sun: 10:30am - 5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
LEISURE SWIM 9am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6-10am Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6-10am Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 6am-1pm Leisure Pool <u>ONLY</u> Limited Access	Sensory Friendly Swim* 9-10am Lap & Leisure Pool			
		Sensory Friendly Swim* 11:30am-12:30pm Lap & Leisure Pool				LEISURE SWIM 10am-1pm Leisure Pool <u>ONLY</u> Limited Access			
 Free Community Swim 1-5pm Lap & Leisure Pool Full Access	PUBLIC SWIM 1-3:30pm Lap & Leisure Pool Limited Access	PRIVATE BOOKINGS	PUBLIC SWIM 1-3:30pm Lap & Leisure Pool Limited Access	LESSONS/ PRIVATE BOOKINGS	PUBLIC SWIM 1-3:30pm Lap & Leisure Pool Limited Access	REC SWIM 1-9pm Lap & Leisure Pool Full Access			
	LEISURE SWIM 3:30-8:45pm Leisure Pool <u>ONLY</u> Limited Access		LEISURE SWIM 3:30-10pm Leisure Pool <u>ONLY</u> Limited Access				LEISURE SWIM 3:30-8:45pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 3:30-10pm Leisure Pool <u>ONLY</u> Limited Access	LEISURE SWIM 3:30-8pm Leisure Pool <u>ONLY</u> Limited Access
	REC SWIM 8:45-10pm Lap & Leisure Pool Full Access		REC SWIM 8:45-10pm Lap & Leisure Pool Full Access				REC SWIM 8-10pm Lap & Leisure Pool Full Access		

*Sensory-Friendly Swim: A quiet, low-stimulation swim with dimmed lights, no music or announcements, limited capacity, no waves or features, and whistles only used in emergencies. Quiet rooms available.

Admission - Swimming & Aquatic Fitness (UPDATED SEPTEMBER 1, 2025 - TAX INCLUDED IN PRICES)

	DROP-IN	VISIT PASS (6)	VISIT PASS (12)	1 MO.	3 MO.	6 MO.	12 MO.
YOUTH	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
ADULT	\$8.75	\$43.75	\$87.50	\$105.00	\$245.00	\$437.50	\$752.50
SENIOR	\$4.50	\$22.50	\$45.00	\$54.00	\$126.00	\$225.00	\$387.00
FAMILY	\$22.00	\$110.00	\$220.00	\$264.00	\$616.00	\$1,100.00	\$1,892.00





Lap Swim Schedule

Schedules are subject to change without notice.
For the most current information, visit: fortstjohn.ca/drop-in and select "Lap Swimming".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LANE 6-7am	1 LANE 6-8am	1 LANE 6-7am	1 LANE 6-8am	1 LANE 6-8am	
	5 LANES 7-8:45am	5 LANES 8-10am	5 LANES 7-8:45am	5 LANES 8-10am	5 LANES 8-8:45am	
	1 LANE 8:45am-12pm		1 LANE 8:45am-12pm		1 LANE 8:45am-12pm	3 LANES 9-10am
		1 LANE 11:30am-12:30pm		1 LANE 11:30am-12:30pm		
3 LANES 12-1pm	5 LANES 12-1pm		5 LANES 12-1pm		5 LANES 12-1pm	5 LANES 12-1pm
	1 LANE 1-8pm		1 LANE 1-8pm			
		1 LANE 3:30-8pm		1 LANE 3:30-8pm		
		3 LANES 8-10pm		3 LANES 8-10pm		

Aquatic Fitness Schedule

Schedules are subject to change without notice.
For the most current information and activity descriptions, visit: fortstjohn.ca/drop-in and select "Aquatic Fitness".

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	AQUA SPIN 6:45-7:30am LEISURE POOL	
AQUAFIT Deep Water 9:15-10am LAP POOL	AQUAFIT Shallow Water 9-9:45am LAP POOL	AQUA STRETCH 9-9:45am LEISURE POOL	AQUAFIT Shallow Water 9-9:45am LAP POOL	AQUA STRETCH 9-9:45am LEISURE POOL	AQUAFIT Deep Water 9-9:45am LAP POOL	
AQUA TOTS 10:15-11am LEISURE POOL			AQUA TOTS 10-10:45am LEISURE POOL			AQUAFIT Shallow Water 10:15-11am LAP POOL
	AQUAFIT Low Impact 11-11:45am LAP POOL		AQUAFIT Low Impact 11-11:45am LAP POOL		AQUAFIT Low Impact 11-11:45am LAP POOL	
	FLOATFIT HIIT* 8:15-9pm LAP POOL	AQUA SPIN 8:15-9pm LEISURE POOL	AQUAFIT Deep Water 8:15-9pm LAP POOL	AQUAFIT Shallow Water 8:15-9pm LAP POOL		

* Floatfit HIIT is not a drop-in program, participants must register. Learn more at fortstjohn.ca/activity-search.