

OCTOBER 2020

Don't forget about the Fall Walking Challenge!
View all program details at fortstjohn.ca/recreation-programs
Questions? Contact recreation@fortstjohn.ca

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1  Go by Country Dance Last class in the park	2 Bike Week (ends October 4)	3  October 4)
4  NORTH RIVER MIDSTREAM FREE SWIM	5  After School Bootcamp Yin & Yang Yoga Barre Fitness	6	7 Latin Dance Lessons	8 Country Dance Lessons First class at the PSC	9 Long weekend STORYWALK   First Aid Courses	10 World Mental Health Day Stay Safe! & Babysitters Combo Course begins
11  PETRONAS FREE SKATE NorthRiver Midstream Free Swim	12  Thanksgiving Monday	13 Stay Safe! course begins  YAC Meeting Youth Advisory Council	14  Latin Dance	15  Country Dance	16	17 Yard Waste Drop Off 
18  NORTH RIVER MIDSTREAM FREE SWIM WSI Stage 3  PETRONAS Free Skate	19  Waste Reduction Week After School Bootcamp Yin & Yang Yoga Barre Fitness	20	21 Latin Dance	22  Youth Bowling at Fort Lanes Country Dance	23  Pro-D Camp	24
25  PETRONAS FREE SKATE KICK OFF NorthRiver Midstream Free Swim	26  After School Bootcamp Yin & Yang Yoga Barre Fitness	27 Babysitters course begins 	28  Latin Dance	29  Country Dance	30  Fright on Ice Halloween Skate	31 HALLOWEEN Spooky Swim at the pool Pick-a-path Halloween Adventure 