



Summer Walking Challenge Tracking Sheet

June/July, 2021



Name: _____

I am recording my progress in (Circle One): *Time (Minutes/Hours)* *Distance (Kilometers)*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Week 1			June-22-21	June-23-21	June-24-21	June-25-21	June-26-21	---	Weekly Total
Week 2	June-27-21	June-28-21	June-29-21	June-30-21	July-01-21	July-02-21	July-03-21	---	Weekly Total
Week 3	July-04-21	July-05-21	July-06-21	July-07-21	July-08-21	July-09-21	July-10-21	---	Weekly Total
Week 4	July-11-21	July-12-21	July-13-21	July-14-21	July-15-21	July-16-21	July-17-21	---	Weekly Total
Week 5	July-18-21	July-19-21	July-20-21	July-21-21	July-22-21	July-23-21	July-24-21	---	Weekly Total
Week 6	July-25-21	July-26-21	July-27-21	July-28-21	July-29-21	July-30-21	July-31-21	---	Weekly Total
									Monthly Total